

# Navigating NURS FPX 4900 Assessment 1: Identifying a Clinical Problem for Quality Improvement

The [NURS FPX 4900 Assessment 1](#) marks the beginning of an exciting journey in Capella University's BSN capstone course. It challenges nursing students to think critically, reflect on their clinical experiences, and identify a real-world problem that impacts healthcare quality, safety, or patient outcomes. This foundational assessment sets the stage for a complete capstone project focused on evidence-based improvement.

---

## 🔍 What Is NURS FPX 4900 Assessment 1 About?

In **NURS FPX 4900 Assessment 1**, students are required to identify a significant clinical or organizational problem in their practice setting. This could be anything from poor patient education and medication errors to inadequate infection control or communication breakdowns among teams.

The objective is to:

- Recognize a quality or safety gap in patient care
  - Provide a rationale for why it needs to be addressed
  - Begin formulating a plan for improvement using scholarly evidence
- 

## 📋 Key Components of NURS FPX 4900 Assessment 1

1. **Problem Identification**  
Choose a clinical issue that is observable, measurable, and has room for improvement. Examples include patient falls, high readmission rates, or lack of adherence to care plans.
  2. **Context and Background**  
Explain where and how the issue occurs, including relevant setting details and populations affected.
  3. **Evidence-Based Justification**  
Use current, peer-reviewed research to support the significance of the problem and the need for a solution.
  4. **Initial Project Proposal**  
Begin sketching the outline of an evidence-based quality improvement intervention that addresses the issue.
-

## ★ Tips to Succeed in NURS FPX 4900 Assessment 1

- ✓ **Be Specific:** Narrow your focus to a single, manageable issue rather than a broad concern.
  - ✓ **Use Scholarly Research:** Incorporate at least 3–5 peer-reviewed sources to support your problem rationale.
  - ✓ **Reflect on Experience:** Tie your issue to real clinical practice for authenticity and deeper insight.
  - ✓ **Follow APA Guidelines:** Ensure professional formatting and proper referencing throughout the paper.
- 

## 💡 Examples of Issues to Explore in NURS FPX 4900 Assessment 1

- Inconsistent hand hygiene practices in outpatient clinics
- Communication gaps during patient discharge
- Low patient adherence to prescribed medications
- Delayed pain management in post-op patients

Each of these topics offers a solid foundation for developing a meaningful, evidence-based capstone intervention.

---

## ✓ Conclusion

**NURS FPX 4900 Assessment 1** is your first step toward creating a real impact in your clinical environment. By thoughtfully identifying a key problem and supporting it with solid evidence, you're building the groundwork for a comprehensive capstone project that enhances patient care, promotes safety, and strengthens nursing leadership.