



Treating Back and Joint Pain in Litchfield Park, AZ

At Active Life Physical Medicine & Pain Center, we specialize in providing personalized, non-surgical treatments for back and [joint pain](#). Our experienced team of experts is dedicated to helping patients in Litchfield Park, AZ, find relief and restore their quality of life.

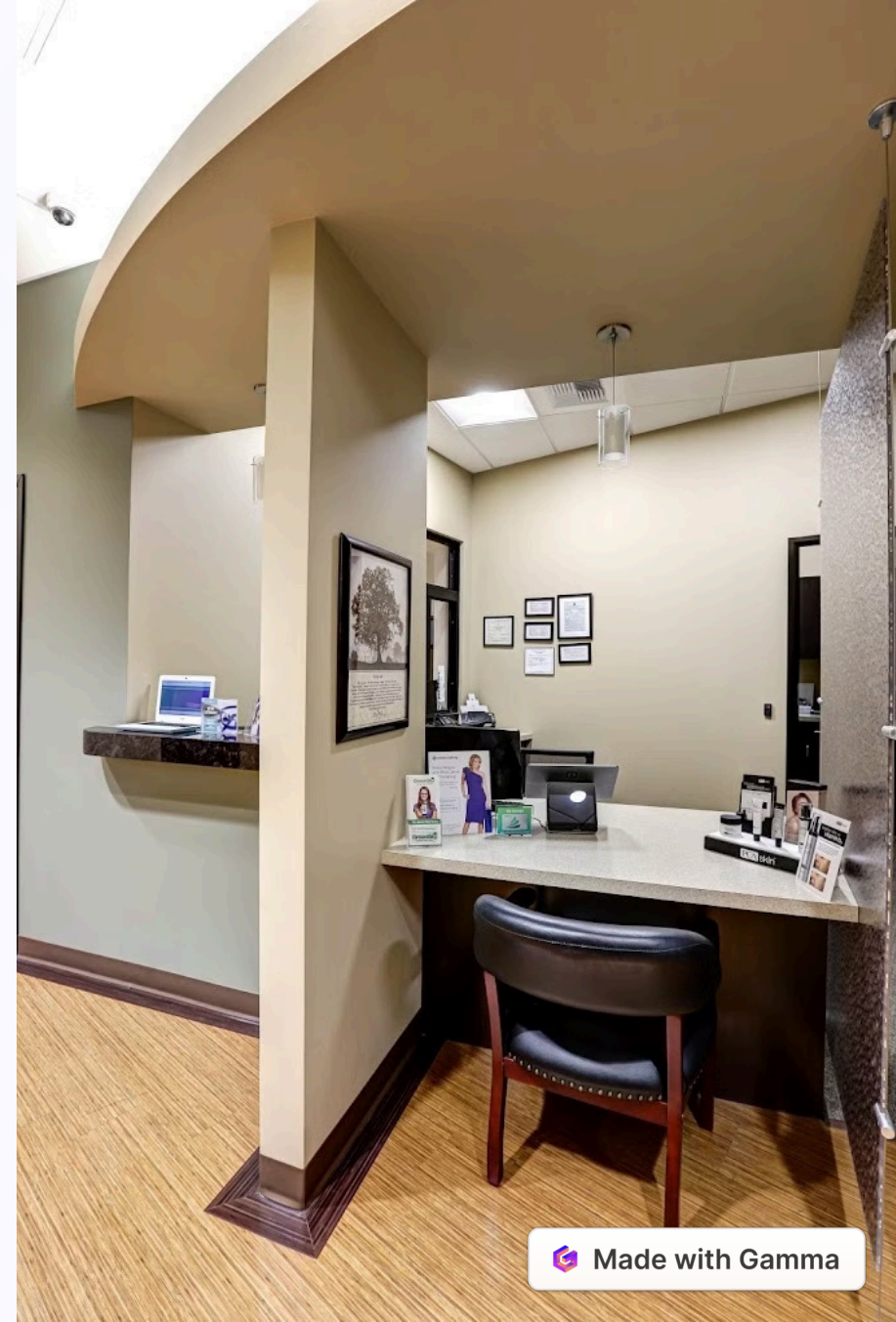


About Active Life Physical Medicine & Pain Center

1 **Comprehensive Care**
Our multi-disciplinary approach combines various therapies to address the root cause of your pain.

2 **Individualized Treatment**
Each patient's plan is tailored to their unique needs and goals for a better quality of life.

3 **State-of-the-Art Facilities**
Our clinic is equipped with the latest technologies to provide the most effective treatments.





Common Causes of Back and Joint Pain

Back Pain

Herniated discs, spinal stenosis, arthritis, muscle strain, and poor posture.

Joint Pain

Osteoarthritis, rheumatoid arthritis, bursitis, tendinitis, and injuries.

Contributing Factors

Age, obesity, lack of exercise, and previous injuries can increase the risk of pain.



Personalized Treatment Plans

Multidisciplinary Approach

Our team of experts collaborates to address your unique needs and provide comprehensive care.

Evidence-Based Therapies

We utilize the latest research and clinical best practices to ensure the most effective treatments.

Patient-Centered Care

Your goals and preferences are at the forefront of your treatment plan for optimal outcomes.



Contact Us for an Appointment

Phone

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Schedule Online

[Book Now](#)