The Importance of Having Go-To Dishes

When it comes to it, there are many different viewpoints and approaches to consider, each with their own strengths and limitations best everyday dishes.

Whether you are a seasoned home cook or a beginner, having a few staple dishes that you can rely on for everyday meals is essential. Not only do they save you time and money, but they also help you master essential cooking techniques and build your recipe arsenal. Here are our top ten must-try everyday dishes that you need in your recipe arsenal:



1. Classic Spaghetti Bolognese

This Italian classic is a crowd-pleaser and can be made with simple, affordable ingredients. It's also a great starting point for experimenting with different herbs and spices to create your own signature sauce.

2. Chicken Stir-Fry

A quick and easy stir-fry is a great way to use up any leftover vegetables and protein in your fridge. It's also a healthy and flavorful way to get your daily dose of veggies.

3. Loaded Baked Potato

A baked potato is a blank canvas for all your favorite toppings. Load it up with cheese, bacon, sour cream, chives, and any other toppings you love! It's a hearty and satisfying dish that's perfect for a cozy night in.

4. Roast Chicken with Vegetables

A roast chicken is a classic dish that's perfect for Sunday dinner with the family. It's simple to prepare but yields impressive results. Plus, leftovers can be used for sandwiches and salads throughout the week.

5. Veggie Stir-Fry

If you're looking for a vegetarian option, a veggie stir-fry is a great way to get your daily dose of veggies in a delicious way. Mix and match different veggies and sauces to keep it interesting.

6. Tacos

Tacos are a fun and versatile dish that can be filled with just about anything. From carne asada to black beans, there's a taco filling for everyone. Plus, they're perfect for entertaining a crowd.

7. Fried Rice

Fried rice is a great way to use up leftover rice and veggies in your fridge. It's also a perfect vehicle for adding protein like shrimp, chicken, or tofu.

8. Quiche

A quiche is a flavorful and impressive dish that's perfect for brunch or a light dinner. Invest in a good quality pie crust and the possibilities for fillings are endless.

9. Shepherd's Pie

A shepherd's pie is a hearty and comforting dish that's perfect for a winter night. It's also a great way to use up leftover mashed potatoes and veggies.

10. Chili

Chili is the ultimate comfort food that can be customized to your liking. Whether you prefer a classic beef chili or a vegetarian version with beans and veggies, it's a dish that never gets old.

In Conclusion

These ten must-try everyday dishes are just the beginning of building your recipe arsenal. Don't be afraid to swap out ingredients or experiment with different flavors and spices. The best part about cooking is making it your own.

References

• best everyday dishes

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