## Sofia Vasilara



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## ABOUT US

Through her innovative and incredibly successful sessions, personal transformation coach Dr. Sofia Vasilara assists people worldwide in realizing their dreams and achieving their goals in terms of relationships, family, career, work, and finances. Her clients enjoy lives full of inner peace, fulfillment, happiness, and joy. She does this by combining more than eight recognized coaching and healing approaches into her unique brand of multilevel coaching and healing. It is customized to match the unique requirements of every person or set of people in respect to the desired result.

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## SERVICES

> Business coaching
$>$ Life coaching
$>$ Healing
> meditation

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## MEDITATION DUBAI

At Dr. Sofia Vasilara's, we offer a range of services that inspire people to overcome their challenges and reach their greatest potential. Our services, which include meditation and healing therapies, are all intended to give you practical tools and advice for creating a life you love. Maintaining balance and harmony in the middle of the busy modern day requires finding times of tranquility. Dr. Sofia Vasilara helps you cultivate inner peace and a life of mindfulness and oneness during her meditation sessions in Dubai.

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