

# How to Convert MBOX File to Outlook PST Format?

Currently, the MBOX file format is the most popular file format used by many email clients to store their mailbox contents. For example, Thunderbird, Mac Mail, Entourage, Eudora, Powermail, and so on. In reality, there are various scenarios in which users must import MBOX to Outlook mail client versions 2019, 2016, 2013, 2010, 2007, or 2003. This requires to convert MBOX file to PST (Outlook data file). In general, people choose Outlook over MBOX email clients owing to work-related needs.

## Overview - MBOX & PST File

MBOX is a generic file format that has several versions such as .mbx, .mbox, and .mbs files. In truth, each email client has its own variant, such as Thunderbird using MBOX files without an extension, Apple Mail using .mbox extension files, Opera using .mbs files, and so on. One thing they all have in common is that storage is restricted to emails and attachments.

However, PST files are Microsoft's proprietary file format. In reality, it keeps duplicates of messages, contacts, calendar events, and other data. Furthermore, Microsoft applications such as MS-Outlook and MS Exchange programs support the PST file format. Overall, it is preferred over MBOX because of its usability and portability advantages.

Furthermore, neither the MBOX email client nor Microsoft Outlook have a native option for email transmission between them. Users must convert MBOX file to PST in order to read their emails with Outlook 2019, 2016, and 2013.

**Note:** For instant MBOX to PST Conversion, use **Advik** [MBOX to PST Converter](#) Tool for Windows.

## How to Convert MBOX to PST for Outlook for Free

We will use Thunderbird, a free email software, as an intermediary to convert MBOX files into Outlook PST. You only need to follow these simple steps:

1. Import an MBOX file into Mozilla Thunderbird.
2. EML Email Conversion
3. Move Files Into MS Outlook
4. Save Emails to a PST file

## #1 Import MBOX Files Using Mozilla Thunderbird

1. First, download and install the Thunderbird email programme. Install Thunderbird and configure it using a fake or valid webmail account.
2. Navigate to the Tools menu and select the Add-on option (Press the Alt key if the menu is hidden).
3. In the search bar, type ImportExport.
4. Finally, click the Add to Thunderbird button next to ImportExportTools NG.
5. Click the Install Now option to install this free add-on and restart the Thunderbird application.
6. Next, pick Local folders from the mailbox list and navigate to Tools > ImportExportTools NG > Import mbox file.
7. After that, follow the instructions and pick the MBOX file(s) to import. The imported MBOX file will display in the Local Folders inbox.

## #2 Email to EML Conversion

There is no direct free solution to convert MBOX to PST. And to accomplish the goal, this indirect technique uses the EML format.

1. Select all of the emails you wish to convert to PST from the imported mailbox file.
2. Then, right-click on them and choose Save As.
3. Designate a place for your emails to be saved as EML files. All of your emails will be found in the designated folder.

## #3 In MS Outlook, Drag and Drop Files

In the Outlook 2019 interface, create a new folder. Drag and drop all of the EML files you've saved into this mailbox folder. Once the files are imported, all of your emails should begin to show.

## #4 Export Emails to a PST File

If you just want PST files, you may utilise Outlook 2019's native Import/Export capability.

1. Go to the File menu and select Open & Export > Import/Export.
2. Next, pick the Export to a file option and press Next.
3. Select Outlook Data File (.pst) and then click Next.
4. Next, pick the mailbox folder into which the EML files were imported and press Next.
5. Select an export destination and click Finish.
6. Finally, a PST file will be created at the specified place.

## Converting MBOX to PST in a Reliable and Automated Manner

The manual approach for converting MBOX files to PST for Outlook is time-consuming and labour-intensive. It might be a decent technique if the user needs to execute this conversion on a small number of emails. Furthermore, users must have a technical understanding of both Thunderbird and Outlook in order to succeed with this strategy.

To avoid the downsides of the manual technique, it is preferable to use expert solutions. Such solutions like Advik MBOX to PST Converter provide a diverse range of capabilities that make the MBOX to PST conversion procedure easy for consumers. Furthermore, it allows users to choose which emails/files to convert into Outlook PST format. You may also choose to filter emails based on a date range.

### Conclusion

Though manual techniques for importing MBOX to Outlook are free and widely available, they are time-consuming and labour-intensive. Moving data from any email client into Outlook is difficult. So, in this post, we explored options for free MBOX to PST conversion. We've also included information on an automatic [MBOX Converter](#) that swiftly converts MBOX files to PST and imports them into Outlook 2019, 2016, and 2013. It's also critical that you sample the free trial version before making any decisions!